

- **PARK ONLY** in the designated parking areas. Personal vehicles are **NOT** permitted in the construction areas.
- **Project speed Limit is 10 MPH**
- **NO TEXTING** While driving or walking around site.
- **No Radios or Ear buds** in the construction area
- **Review and Discuss Emergency Action Plan and Rally Points**
- **Report Accidents Immediately** to your Supervisor/Foreman and to Alston Construction.
- **Report unsafe acts or conditions** to your Supervisor/Foreman and to Alston Construction.
- **Housekeeping-** All workers are responsible for clean up and removal of debris on an **ON-GOING** basis, but no less than daily. Trash and debris shall be placed in provided dumpsters or trash receptacles. All work areas shall be organized and orderly.
- The use of Tobacco products **will not be permitted** inside the building.
- Properly inspect electrical cords and tools before each use. Damaged cords and tools must be removed from the work area immediately.
- **Lunch and Breaks** shall not be taken in live construction areas. Lunch and Break Areas shall be maintained by each subcontractor (including shelter, trash containers, housekeeping, etc.).
- **Horseplay**, fighting, gambling, drugs and alcohol, and practical jokes shall not be tolerated.
- **Disciplinary Action.** 3-Strike Rule. Verbal, Written, Removal from site. Workers can be removed for the first offense if the violation is flagrant or Serious.
- **Injured workers** receiving off-site medical treatment may be required to submit to a post-incident drug screen.
- **Safety Data Sheets (SDS)** are available onsite for your review. Your employer is required to keep a copy onsite at all times and a copy is maintained by the Alston Construction Superintendent.
- **Flammable Liquids** are to be stored in properly labeled, approved, closed metal containers.
- **Lifting** of heavy or awkwardly shaped items shall be performed by a minimum of 2 people.
- **Fire Extinguishers** shall be provided for all spark-producing and hot work operations.
- **Speciality Permits** shall be required for all special work Examples: Confined Space, Hot Work, Lock-out/Tag-out, etc..

- **OSHA-Compliant Fall Protection** shall be installed along leading edges, mezzanines, wall openings and material receiving areas. Fall arrest/restraint equipment shall be used by trained and qualified workers when the protection is temporarily removed. OSHA-Compliant fall protection shall be reinstalled immediately after materials are received.
- **Personal Protective Equipment required at all times and** shall include: Hard Hats, Eye Protection, long pants, ANSI Class 2 Hi-Viz shirts or vests, ANSI Class 3 Hi-Viz required for night or road work. Shirts shall have 3" sleeves minimum, hard-soled work boots.
- **Fall Protection shall be worn and utilized at all times** when using AWP's (Aerial Work Platforms). Self retracting lifelines are prohibited when using scissor lifts.
- **Full Face Shields** (in addition to safety glasses) are required when grinding, chipping or using any spark producing tools.
- **Guards on tools/equipment** shall not be removed or modified. All tools shall be in proper working order. Defective tools shall be removed from service immediately.
- **Only Qualified Operators** shall operate equipment and seat belts shall be worn at all time. No cell phone use when operating equipment.
- Each worker has the authority to **STOP WORK** if an undesirable act and/or condition is observed.

REFER TO EXHIBIT "E" – Subcontractor Safety Requirements for more specific detail pertaining to:

- PPE for Speciality work
- Fall Protection Requirements
- Ladder use
- Scissor and Boom Lift use
- Respirable Silica
- Excavations
- Electrical

Training Verification Cards / Certs

First Aid CPR Yes() No() Exp. Date _____
 Forklift Yes() No() Exp. Date _____
 Scissor Lift Yes() No() Exp. Date _____
 Knuckle Boom Yes() No() Exp. Date _____
 Fall Protection Yes() No() Exp. Date _____
 Scaffold Yes() No() Exp. Date _____
 Other Certs Yes() No() Exp. Date _____

Emergency Contact Info: (Name & Phone #)

Company Designated Safety Person #1 (and OSHA 10 or 30 Hr. Completion Date): _____

Company Designated Safety Person #1 (and OSHA 10 or 30 Hr. Completion Date): _____

By signing below, you acknowledge that you have read and understand the following rules and your companies associated **Exhibit "E" - Subcontractor Safety Requirements**. Any violation of these or other OSHA safety regulations could result in your immediate removal from the project. Furthermore, you agree to work in a manner that prevents accidents to your fellow workers, general public, property and yourself at all times.

Alston Project: _____ **Contractor:** _____
Name: _____ **Signature:** _____ **Date:** _____